



Workshop for Family Caregivers Anticipating the Transition to a Care Setting

Sponsored by: Senior Care Solutions & Del Oro Caregiver Resource Center

As a caregiver, anticipating having to move your loved one to a care setting can be a difficult time. Carol Kinsel, GCM, and Stefani R. Wilson, MS, MFT, invite you to join the conversation where we will explore what can feel like an emotional roller coaster ride for the primary caregiver. We will discuss factors leading up to a move, important things to keep in mind during your search, and strategies for promoting a smooth transition before and after “the move.” To address individual concerns, we are keeping the group size small and recommend you **register by calling (916) 965-5565**, to reserve your seat.

Sacramento County Workshop

LOCATION WILL BE PROVIDED AT REGISTRATION

DATE: Wednesday, February 28, 2018

TIME: 1:00–3:30pm

Limited respite care may be available. Please inquire by February 14th.

FREE Workshop!

For info and to register, please call
Senior Care Solutions: **(916) 965-5565**

